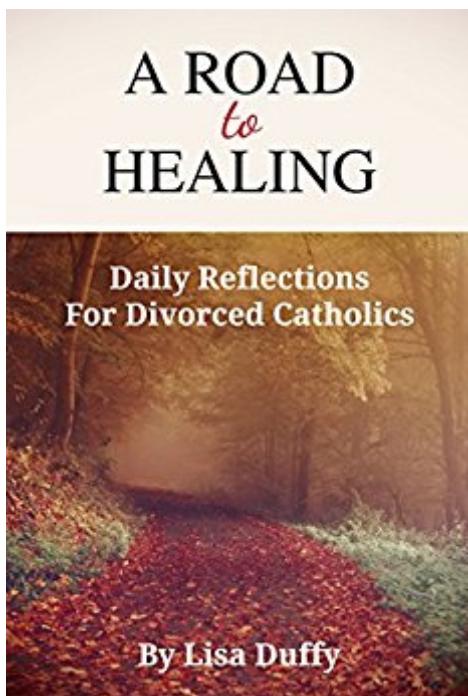


The book was found

# A Road To Healing: Daily Reflections For Divorced Catholics



## Synopsis

When you are suffering after a divorce, it can feel like the pain will never cease. You are overwhelmed by feelings of guilt, shame and a sense of failure. You desire to fill the empty place left in your heart. You feel like there is no hope. This book can help. A Road to Healing: Daily Reflections for Divorced Catholics offers daily inspirations for every day of the year. Each reflection will help strengthen your faith in Christ as you walk down the road to healing. He will lead you through this time of darkness to a life of peace where you will rediscover hope. A hope that will open your heart to a life filled with joyful anticipation of what God has planned for you.

A message for divorced Catholics

Do you feel abandoned by God? Are you having trouble letting go of anger? Are you struggling to forgive your ex-spouse? Were you on the way to finding peace, but then the pain all came rushing back? Do you want to prepare yourself for the annulment process? Have you found healing and are ready to move on to a new phase of life? If so, you're in the right place! How this book will help

These are just a few of the ways these reflections will help you every day:

Stay close to your Catholic faith while handling the pain of divorce. Rediscover the mission God has for your life. Learn how to take small steps towards forgiveness. Discover the importance of prayer. Recognize God's love and grace in your life every day. Let go of fear by trusting in God's will. Learn how to love like Christ.

**Special Holiday Section**

For a divorced person, the holidays can become a time of dread, rather than celebration. The drastic change during these special times of year can cause overwhelming emotion and difficult situations. Included in A Road to Healing: Daily Reflections for Divorced Catholics is a holiday section with guidance and meditations on the different holidays throughout the year.

How the Daily Reflections has helped divorced Catholics just like you:

Thank you very much for these daily inspirations. Although I have gotten over my divorce a long time ago, these messages are still priceless. Only HE knows the good work you are doing.

-Lawrence

I am getting better but there still are a lot of things that are buried that these daily inspirations allow to bubble to the surface so I can deal with them, give them to God and move on.

“ it is tough but it is better.

-Anonymous

Just another little gift God has sent. I thanks to you all for making this possible.

-Cathleen

I am going through a pretty rough time at the moment (even though my divorce was 12 years ago!) and I find the reflections uplifting.

“ a gentle reminder that our God is always with us, even in these difficult times.

-Madeleine

I just wanted you to know how valuable these daily inspirations are to me right now. I am viewing them each morning and refer back to them several times when needed.

Thank you from my heart for these daily inspirations.

-Shannon

These short readings really give me the quick lift and support that I need.

-Mary Ann

Nearly 3 years ago, a divorce after 35 years of marriage

devastated my psyche- I want you to know how much I appreciate the Daily Reflections, and all the noble efforts you and your organization provide, as they provide something Iâ™ve found evasive-hope.â•TimâœBrilliantâœ|valuableâœ|Inspirational! Iâ™m getting what you are saying and my life âœisâ• becoming more peacefulâœ|Your Daily Reflections are pain management from Heaven. Thank you.â•Nancy

## **Book Information**

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## **Customer Reviews**

Reading this book has brought me great comfort and hope. Going through a separation and divorce can feel very lonely and just when you feel like you are doing better something during your day can trigger new feelings of sadness and desolation. Lisa Duffy speaks to those most painful issues I am feeling on a daily basis. This book helps me feel like I just sat down and chatted with a wise and loving friend. The wisdom it imparts and the way it connects to individual scripture passages makes it stand out amongst many I have read.

When we have to travel this devastating path, there are MANY questions that need answering and sometimes they need to be answered again and again. This book is a rich resource for some of those answers. Because they are written and organized in a daily format, you can return as often as needed for reassurances. A great help/friend in tough times.

This book; "A Road to Healing" is like James pearls of wisdom in the New Testament. I love it! I like the Holiday Reflections, and how she ends her Daily Reflection with the "Litany for Divorced Catholics". Lisa Duffy been a God send in my life. I thank God for having heard her interviewed on her brother's (Patrick Madrid) radio talk show early last year on the topic of Divorced Catholics. I've been divorced for 22 years. I've made plenty of mistakes along the way. Lisa has giving me hope to live my life in full communion of our faith. She's lived though it. I know God has a plan for me too! This book of daily reflections is an inspiration. I wish I had this book years ago! ... It's the best!...Thank you Lisa!

One Day at a Time as we heal through this time & find out what God has for us in this on the Road to Healing . I can tell you that it sure feels like a wonderful blessing to have someone who cared enough to help those of us going through this very hard time . To share their Hope in a Journey they understand ... I would share this & help others and I pray that churches see that we need more books & people Like Lisa to reach out & help the many who are suffering & trying to feel apart of our churches . Thank you Lisa for these Daily Healing messages of Hope .

Lisa did an excellent job of writing a book for anyone who has suffered from divorce. The book is not a manual it is a daily book to provide thought provoking reflections and stories to inspire. Through that inspiration she tried to heal the reader's heart. The fact that you can take 5 min daily to read the book and there is always something new and unique is great for our busy lives. I also liked that she specifically wrote special reflections for all of the holidays that are often difficult for people especially after divorce. Christmas, Valentine's Day etc.

I have been reading this book daily for several weeks. Even three years after my divorce, I find that it gives me inspiration and keeps me on the right track toward healing. I look forward to my daily reading and dose of scripture. Would be really helpful to those freshly grieving but also to those a little further along in the process as well. Lisa Duffy is an excellent writer on this subject and I have

always found comfort in her articles for the Catholic Match Institute.

I was divorced a short time ago and with the depression and exhaustion that accompany an invite like that, I simply had no motivation or the required energy to seek out a professional for help. At some points, I even struggled to search the scriptures for help and healing. Thankfully, Duffy's book is divided into pithy chapters all of which have ministered to me deeply. I've experienced healing and I owe this woman my prayers.

It has been 6 years since my divorce. This books is an excellent daily guide even today. The reflections are God's words as it applies to me. This is officially a cherished part of my daily readings. We need to know we are not alone & that we are loved which is shown over & over again in the bible we just need helping finding the scriptures. Lisa does an excellent job of doing just that!

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